

# movement is life

start moving, start living

## 2026 Annual Summit Agenda

*Strength in Motion: Reimagining Health Through Community, Policy, and Partnership*  
Fort. Pontchartrain Hotel

### Thursday, September 24

- 7:30 AM Registration/ Poster Set Up
- 7:30 AM Continental Breakfast/Poster Viewing
- 8:30 AM Summit Kickoff
- Dr. Mary O'Connor, MD, Chair, Movement is Life, Co-Founder and Chief Medical Officer, Vori Health, Chief Compliance Officer, Vori Health
- 8:50 AM Opening Keynote - *Who Gets to Heal? Reimagining Access, Equity, and Who Belongs in Medicine*
- Dr. René Roberts, Board-Certified Family Medicine Physician, TEDx & Keynote Speaker, Physician Mentor, I Am Abel Foundation, RMR Ventures, LLC
- 9:45 AM Plenary Session - *When Communities Move: The Operation Change Story - Live from Detroit*
- Lacey Bailey, Chicago Director
  - Hazella Rollins-LaVar, Mt. Vernon, NY Director
  - Yvonne Oby, Chicago Director
- Facilitated by:
- C. Christopher Bacot
  - Sonia Cervantes
- 10:50 AM Detroit In Motion: Led by Patti Dukes
- 11:00 AM Inaugural Founder Legacy Award
- 11:15 AM Move to Session/Break
- 11:30 AM Breakout Sessions
1. *Improving Transparency and Communication in Sub-Specialty Care*
    - Dr. Cameron Roth, Orthopedic Surgeon, MD, MHS, OrthoArizona
  2. *Culture as Catalyst: Transforming Health Programs to Advance Equity and Access*
    - Tre Cabrera, MSW, MRP, Founder & CEO, Cabrera Advisory Group, LLC
  3. *From the Bedside to the Capitol: A Surgeon's Blueprint for National and State Healthcare Advocacy*
    - Dr. Tamara Huff, MBA, Orthopedic Surgeon & CEO, Vigeo Orthopedics
  4. *Stories in Motion: Using Interactive Playback Theatre to Advance Community Health Dialogue*
    - John A Johnson, Founder, Verbal Gymnastics, BA Theatre Arts, University of the District of Columbia
- 12:45 PM Lunch/Poster and Exhibit Viewing
- 1:30 PM Move to Session
- 1:40 PM Breakout Sessions
1. *When the Healer Is Depleted: Burnout, Health Equity, and the Leaders Our Communities Can't Afford to Lose*
    - Brandiss T. Pearson, Ed.D, FNP-C, MIDAS Consulting
  2. *Train Your Resilience Muscle: Building Sustainable Leadership Capacity for Community Health Leaders*
    - Naghm Alsamari, Manager B.Ed. | M.S. in Science Education | M.S. in Leadership & Supervision, Trainer and Resilience Coach, Imkan Leadership Development LLC, Certified Behavioral Analysis Consultant (DISC) | Doctoral Candidate, Education

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**3. One Movement, Many Communities: Women Advancing Health Across Urban and Rural America**

- Shannon M. Lijewski, MBA, CHCEF, NCHW, CEO | Everyday Life Consulting
- Harolyn Nimmo, Chief of Operations-Juvenile and Youth Services, Wayne County Michigan
- Jill Oesterle, Director of Provider Solutions, Michigan Center for Rural Health

*Facilitated by:*

Sarah Hohman, Director of Government Affairs, National Association of Rural Health Clinics

**4. Stories in Motion: Using Interactive Playback Theatre to Advance Community Health Dialogue**

- John A Johnson, Founder, Verbal Gymnastics, BA Theatre Arts, University of the District of Columbia

2:55 PM

**Break/Reconvene in Ballroom**

3:15 PM

**Dr. Augustus White Humanitarian Award**

**Plenary Session - *Changing Medical Education Helps us Achieve Health Equity***

- Dr. Pedro José Greer Jr., Founding Dean for the Roseman University Health Sciences College of Medicine

3:45 PM

**Plenary Session - *Food As Medicine: Fueling Movement, Strength, and the Power to Heal***

- Dr. Kimberlydawn Wisdom, M.D., M.S., FACEP, Senior Vice President, Community Health, Education & Wellness and Chief Wellness Officer, Henry Ford Health
- Michael Schram, Cooking Matters Coordinator, Gleaners Community Food Bank of Southeastern Michigan

4:45 PM

**Conclusion and Sneak Peak of Day Two**

5:00 PM

**End of Day One/Poster and Exhibit Viewing**

7:30-9:00 PM **Yin Yoga, Cello + Sound Bath**

### **Friday, September 25**

7:00-7:45 AM **Vibe and Embodiment Session with Samantha Schmuck of Revived Living**

8:00 AM **Registration/Check In**

8:00 AM **Continental Breakfast/Poster and Exhibit Viewing**

9:00 AM **Day Two Kickoff**

9:10 AM **Keynote - *Me First, Then Everybody Else: A Prescription for Community Health***

- Dr. Bryanne Standifer-Barrett, MD, MSCP, Internal Medicine Physician and Menopause specialist

10:10 AM **Panel Session - *When She Moves, We All Move: Advancing Women's Health and Voice***

- Dr. Michelle M. Cabrera, MD, FACOG, Women's Health, OB/GYN Specialist / Health Equity Advocate, Adjunct Faculty, Los Angeles Physician, Assistant Program, College of Education and Health Sciences at Touro University
- Dr. Indea May, DNP, RN, FNP-BC, Clinical Director/Nurse Practitioner, Aryze Well PLLC
- Cara McClellan, Director and Associate Practice Professor of the Advocacy for Racial and Civil Justice Clinic, University of Pennsylvania

*Facilitated by:*

Crystal Marie Young, Director of Global Events/Founder, Crystal Marie Events, LLC

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- 11:30 AM**      **Lunch/Poster Viewing**
- 12:15 PM**      **PowHer Pitch - Women in Motion - Fueling the Future of Health Innovation**
- Jana Rose Stewart, Founder & CEO, VelaHR
  - Jolie Wyatt, Founder & CEO, If The Shoe Fits (ITSF)
  - Lynne Matallana, Founder & CEO, PainTools
  - Dr. Tieya M. Qualls, CEO, PelviFlow
- Judges:*  
Carolyn Cassin, President and CEO, Michigan Women Forward  
Melinda Clemons, Vice President, Program & Impact, Ginosko Development Company  
Kevin Ketels, Director, Entrepreneurship & Innovation programs, Belinsky Entrepreneurship Learning Laboratory
- 1:15 PM**      **Rapid Fire Oral Poster Presentations**
- Antonio Pellerito, University of Michigan Medical School, SHD and Surgical Cancellation Rates in THA/TKA
  - Damon Ross Jr., Henry Ford Hospital Department of Orthopedic Surgery, Crime Burden as Predictor of Outcomes After Hip Surgery
  - Jaumark Pierre, Andrews University, Culinary Medicine to Address Chronic Disease Disparities
- 1:45 PM**      **Break and Scoring Deliberation**
- 2:00 PM**      **Award Presentations - Pitch, Poster, and Movement is Life Awards**
- PowHer Pitch & Poster Presenters
  - Community Catalyst, The Ideal Group
  - 2026 Vanguard Award, Gov. Gretchen Whitmer
- 2:30 PM**      **Keynote - Heart of a Champion: The Choice to Rise Again**
- Kimberly Glass, US Olympian
- 3:20 PM**      **Reflections/Closing**
- 3:45 PM**      **Meet and Greet Opportunity with Kimberly Glass**