

## 2026 Movement Is Life Summit

Strength in Motion: Reimagining Health through Community, Policy, and Partnership

### POSTER INVITATION

**Submission Deadline: July 21, 2026**

**When:** September 24-25, 2026

**Where:** Fort Pontchartrain a Wyndham Hotel – 2 Washington Blvd, Detroit, Michigan, USA, 48226

**Who:** Movement is Life is a multi-disciplinary coalition seeking to eliminate racial, ethnic and gender disparities by promoting movement to improve overall health and quality of life among women with a special focus on African Americans, Hispanic/Latinas and women living in rural communities. The **Movement is Life Summit** is a collaborative event bringing key stakeholders—researchers, clinicians, public health professionals, policymakers, and community leaders—to discuss, ideate, and take action to eliminate racial, ethnic, and gender disparities in health. The Summit features nationally known speakers who are experts on health disparities and social determinants of health.

We welcome submissions based on the following themes:

- **Community-Based Programs**

Initiatives or interventions designed to improve musculoskeletal health or address related conditions (e.g., heart disease, type 2 diabetes, obesity, depression) at the community level. These may include partnerships with local organizations, culturally tailored outreach efforts, or public health campaigns.

- **Research Studies**

We welcome research that addresses musculoskeletal disparities, including data analyses, clinical or observational studies, basic science, and systematic reviews. Submissions must clearly relate to musculoskeletal health and equity.



The one-page application (300 word maximum) must be received by **July 21, 2026**. The applicants will be contacted via email by **July 26, 2026**, with the decision on whether their poster submission is accepted. [Please note: we cannot provide funding for the creation of the poster.]

## POSTERS

The posters will be exhibited on mobile backboards that will be provided by Movement is Life. Each backboard is 3' high by 4' wide. **PLEASE NOTE** that this poster size is smaller than the posters at some national meetings. You will need to provide your own supplies, should you need additional reinforcements for a larger poster.



You must supply the title for your poster with lettering at least 1" high. Poster text should be at least 3/8" high.

Poster applicants must be present with their poster to discuss their work during the Summit.

### ***Community-Based Posters***

- Posters may be created with in-expensive supplies from arts & crafts stores.
- The poster layout can be flexible. The topic of the poster must be related to the mission of the Movement is Life Summit.
- You can address some of the following:
  1. What is your community program (briefly describe what it is: an activity program? a nutritional/weight loss program?)
  2. What is the purpose/goal of the program? Who are you trying to reach?
  3. How does this program relate to the mission of Movement is Life?
  4. Lessons Learned: What are the lessons you have learned that you can share? What challenges have you overcome?
  5. What future ideas/plans do you have for your community-based program?

### ***Scientific/Academic Posters***

- The format for these posters is: Introduction, Materials & Methods, Results, Discussion & Summary, Relevance to the Mission of Movement is Life (required).
- Posters that are relevant to our mission that have been presented at other meetings may be submitted.

**The best poster presentations will win an award and the ability to present during the Award-winning Poster Presentation Session. All poster presenters must make a PPT slide deck (6 slides maximum) to present by the time of the meeting.**

**Community-Based Programs Poster Application**  
**Submission Deadline: July 6, 2026**

The Movement Is Life Summit will provide the opportunity for poster presentations from Community-Based Programs as well as Scientific Presentations from Academic Programs at the national meeting of the Movement Is Life Summit to be held September 24-25, 2026. As there is limited space, we will be reviewing and ranking all applications. Applicants will be notified via email on or before the week of July 20, 2026, as to whether their poster has been selected for presentation.

Name of Community-Based Program: \_\_\_\_\_

Location of the Community-Based Program (City, State): \_\_\_\_\_

Contact Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Does this poster relate to the COVID-19 pandemic? Please circle: YES NO

Do we have your permission to showcase posters on the MIL website and social media? YES NO

Please provide a brief description of your Community-Based Program. This description should include the following information: a brief description of your program (who is your program trying to reach/help, what services are provided) and **how your program relates to the Movement is Life effort (required)**. Limited to 300 words.

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Please Apply Via Website Link