

2025 *Movement Is Life* Summit
Combating Health Disparities: The Power of Movement in Communities
POSTER INVITATION

Submission Deadline: August 24, 2025

When: November 14, 2025

Where: Westin, 400 Courthouse Square, Alexandria, VA 22314

Who: Movement is Life is a multi-disciplinary coalition seeking to eliminate racial, ethnic and gender disparities by promoting movement to improve overall health and quality of life among women with a special focus on African Americans, Hispanic/Latinas and women living in rural communities. The **Movement is Life Summit** is a collaborative event bringing key stakeholders—researchers, clinicians, public health professionals, policymakers, and community leaders—to discuss, ideate, and take action to eliminate racial, ethnic, and gender disparities in health. The Summit features nationally known speakers who are experts on health disparities and social determinants of health.

We welcome submissions based on the following themes:

- **Community-Based Programs**

Initiatives or interventions designed to improve musculoskeletal health or address related conditions (e.g., heart disease, type 2 diabetes, obesity, depression) at the community level. These may include partnerships with local organizations, culturally tailored outreach efforts, or public health campaigns.

- **Research Studies**

We welcome research that addresses musculoskeletal disparities, including data analyses, clinical or observational studies, basic science, and systematic reviews. Submissions must clearly relate to musculoskeletal health and equity.



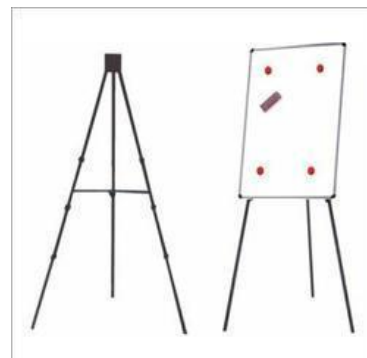
The one-page application (300 word maximum) must be received by **August 24, 2025**. The applicants will be contacted via email by **September 7, 2025**, with the decision on whether their poster submission is accepted. [Please note: we cannot provide funding for the creation of the poster.]

POSTERS

The posters will be exhibited on tripods that will be provided by Movement is Life. Movement is Life will provide poster backboards. Each backboard is 3' high by 5' wide. **PLEASE NOTE** that this poster size is smaller than the posters at some national meetings. You will need to provide your own supplies, should you need additional reinforcements for a larger poster.

You must supply the title for your poster. Lettering for your poster title should be at least 1" high and follow the format for your abstract. Lettering for your poster text should be at least 3/8" high.

Poster sessions will be held during the meeting. Poster applicants must be present with their poster to discuss their work at the time and date indicated in their letter of acceptance.



Community-Based Posters

- Posters may be created with supplies from arts & crafts stores. In other words, the poster can be inexpensive and does not need to be professionally prepared.
- This is not intended to be restrictive. The following are suggestions. Please feel free to be flexible with the layout and, to some extent, the content of the poster. However, the topic of the poster must be related to the mission of the Movement is Life Summit (see #3 below).
- You can address some of the following:
 1. What is your community program (briefly describe what it is: an activity program? a nutritional/weight loss program?)
 2. What is the purpose/goal of the program? Who are you trying to reach?
 3. How does this program relate to the mission of Movement is Life?
 4. Lessons Learned: What are the lessons you have learned that you can share? What challenges have you overcome?
 5. What future ideas/plans do you have for your community-based program?

Scientific/Academic Posters

- The format for these posters is similar to that used at most national scientific meetings.
- The posters should include: Introduction, Materials & Methods, Results, Discussion & Summary, Relevance to the Mission of Movement is Life (required).
- Posters that are relevant to our mission that have been presented at other meetings may be submitted.

Poster presentations & Awards

Accepted posters will be evaluated for brief oral presentation during the Summit. Prior to the Summit, selected presenters will be required to submit a PowerPoint deck (5 slides maximum) for a 3 min presentation of highlights of their poster. Selected posters will be considered for "Best Poster Awards" to be presented at the Summit.



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Email your completed application to info@movementislifecommunity.org